



ST. RAYMOND CATHOLIC CHURCH

SERVED BY DOMINICAN FRIARS



32ND SUNDAY IN ORDINARY TIME | NOVEMBER 7, 2021

Introducing the Emotional & Mental Wellness Ministry

WHAT IS AN EMOTIONAL & MENTAL WELLNESS MINISTRY AND WHY IS IT NEEDED?

Are you facing emotional or mental difficulties? You don't have to struggle alone. St. Raymond Church and School have made a commitment to become a faith community that provides care and support. Our mission will be to serve individuals and families experiencing mental health challenges by offering God's hope and love through spiritual accompaniment, practical support, and education.

Learn more about this new ministry on page 4.



St. Dymphna, pray for us.

INSIDE

**SUPPORT OUR TROOPS DRIVE
ADVENT FAIR**

GOOD NEWS, THE GIVING TREE RETURNS, AND MORE

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This Week

facebook.com/straymondmp/live
youtube.com/c/straymondmp

MONDAY TO SATURDAY EACH WEEK

8:15 am Mass (Church)

TUESDAY, NOVEMBER 9, 2021

9:00 am Legion of Mary (below)
7:00 pm Matthew Bible Study (p.3)

WEDNESDAY, NOVEMBER 10, 2021

10:00 am Zoom Weekly Bible Study (below)

THURSDAY, NOVEMBER 11, 2021

12:00 pm Laudato Si' Group Zoom (p.6)
7:00 pm Holy Hour: Confession & Adoration (Church)

SATURDAY NOVEMBER 13, 2021

8:15 am Mass (Church) followed by Adoration & Confession until 9:15 am
3:30 pm Confessions
5:00 pm Vigil Mass (Church)

SUNDAY, NOVEMBER 14, 2021

8:00 am Mass (Church)
10:00 am Mass (Outdoors) followed by donuts
5:00 pm Mass (Church)

Upcoming Events

THURSDAY, NOVEMBER 25, 2021, 9:30 AM—Thanksgiving Mass (church) followed by Blessing of the Bread.



SUNDAY, DECEMBER 4, 2021—Advent Mini-Retreat—Details coming soon.

SUNDAY, DECEMBER 5, 2021, 11:00 AM—Advent Fair & BBQ following the 10 am Mass.

Christmas schedule coming soon!

SPECIAL COLLECTIONS

This week's special collection is in support of **St. Patrick's Seminary** in Menlo Park.

Thank you to everyone who donated to the 5th Sunday Society of St. Vincent de Paul collection. You can always donate to SVdP at <https://straymondmp.org/donate/>.

Liturgy

Sat., Nov. 6, 5:00 pm Sharon Kennedy Gerlach †
32nd Sunday in Ordinary Time

Sun., Nov. 7, 8:00 am Sosefo Afu Veatama †
10:00 am Isaiah Rowen
5:00 pm St. Raymond Parish

Mon., Nov 8, 8:15am  Jonah Rhodes
Anniversary of Deceased Brothers & Sisters of the Order of Preachers

Tue., Nov. 9, 8:15 am St. Raymond (in thanksgiving)
The Dedication of the Lateran Basilica (F)

Wed., Nov. 10, 8:15 am Seini Wairasi †
St. Leo the Great, Pope & Doctor of the Church (M)

Thur., Nov. 11, 8:15 am Louis Ruocco †
St. Martin of Tours, Bishop (M)

Fri., Nov. 12, 8:15 am Gail Blach †
St. Josaphat, Bishop & Martyr (M)

Sat., Nov. 13, 8:15 am  Fr. Ambrose Sigman, O.P.
St. Frances Xavier Cabrini, Virgin (M)

Sat., Nov. 13, 5:00 pm Mary Ann Egging
33rd Sunday in Ordinary Time, World Day of Prayer

Sun., Nov. 14, 8:00 am The Ruocco Family, Both Living & Deceased
10:00 am Charles Galdes †
5:00 pm St. Raymond Parish

S—Solemnity F—Feast M—Memorial m—Optional Memorial

To request a Mass Intention, please call the parish office. Mass intentions are full for 2021 and now available for 2022.

WEEKLY EVENTS

LEGION OF MARY meets every **Tuesday at 9:00 am** in the Legion of Mary conference room opposite the Parish Hall. Feel free to join us and learn more about the Legion of Mary.

ZOOM WEEKLY SMALL GROUP BIBLE STUDY meets on **Wednesdays from 10:00 am to 11:30 am** on Zoom. The group discusses the readings for the upcoming Sunday. For more information, contact Christine at chrisgalvez@aol.com.

SATURDAY ADORATION RETURNS following the 8:15 am morning Mass (approx. 8:45 am to 9:15 am). Confessions will also be held at this time.

THURSDAY HOLY HOUR is held weekly each **Thursday from 7:00—8:00 pm** inside the Church. Holy Hour consists of Adoration and the Sacrament of Reconciliation is available.

BIBLE STUDIES

MATTHEW: THE KING & HIS KINGDOM— WEEK 6

In this study we will learn how Jesus Christ fulfills God's promises to Israel and establishes his kingdom on earth. Through references to the Old Testament promises of God to His people and the messages God sent them through the prophets, this Bible study provides the key to understanding the rest of the New Testament and Christ as the fulfillment of God's plan.



The study will be going chapter by chapter through the entire Gospel of Matthew.

For week 6 (Tuesday, November 10, 7 pm):

Video: Session 6

Workbook: 187-190, then 41-44

Bible Reading: Matthew 6

You can purchase the book at <https://ascensionpress.com/collections/matthew-the-king-and-his-kingdom>. An online version of the book is also available.

UNLOCKING THE MYSTERY OF THE BIBLE

Br. David will hold week 3 of this Bible study **Wednesday, November 17**. This is an 8-lesson course, but join at any time.

Upcoming session dates are: 11/17, 12/1 and 2022: 1/26, 2/9, 2/23, 3/9.



To order the material, please visit: <https://ascensionpress.com/collections/unlocking-the-mystery> and choose the "Unlocking the Bible Study Set" for \$26.95. Please order now because it will take about two weeks for the print material to arrive. There is also an option for the "Online Access Only" version which has an online workbook instead of a printed workbook.

Support Our Troops³

With Veterans' Day approaching, we give thanks for all who have served the U.S. Armed Forces. At this time, all are invited to support active-duty service personnel through donations to servicemembers in Iraq. **St. Raymond Parish is collecting items on Sunday, November 7 through Sunday, November 14** and will ship them following the collection. Donations to defray the shipping costs are welcomed, as well as items requested by the servicemembers, including:

Sunglasses, sunblock, protein powder & protein bars, vitamins, creatine, energy drinks, toothpaste, body soap & shampoo, antiperspirant/deodorant, body lotion, white athletic socks, underwear (male & female), coffee, snacks/non-perishable food items.

Other "wish list" items include:

Bibles; sports equipment, especially volleyball, ping-pong & billiards; other recreation equipment, such as movies/DVD's, a movie projector, Xbox games.



Any other items you'd enjoy sending are welcomed. (Items not allowed are: knives/sharps, pork, jewelry, money, chocolate, etc.)



LIVE STREAMING—Each 8:15 daily Mass (Mon.-Sat.) will be livestreamed at straymondmp.org, our Facebook and YouTube channels. On the weekend, the Saturday 5:00 pm and Sunday 10:00 am Masses will be livestreamed.

Advent

Fair



SUNDAY, DECEMBER 5, 2021, 11 AM
OUTDOORS AFTER 10 AM MASS

Volunteers are needed to lead activities and booths. Contact Neri Miranda at Neri.Miranda@straymondmp.org. More details will be available in upcoming bulletins.

4 EMOTIONAL & MENTAL WELLNESS MINISTRY

WHAT IS AN EMOTIONAL & MENTAL WELLNESS MINISTRY AND WHY IS IT NEEDED?

Are you facing emotional or mental difficulties? You don't have to struggle alone. St. Raymond Church and School have made a commitment to become a faith community that provides care and support. Our mission will be to serve individuals and families experiencing mental health challenges by offering God's hope and love through spiritual accompaniment, practical support, and education.

SPIRITUAL COMPANIONSHIP

Our ministry team is a safe and caring community that embraces those who are suffering and their loved ones. Our care team is available to listen and to pray with those who are going through a difficult time and are in need of encouragement and some extra support.

PRACTICAL SUPPORT

We have support and resources to help. Our team members are familiar with many public and private mental health support services and resources. We are here to help you find resources needed to face life's challenges. (Note: Our team members do not provide services that should only be offered by medical, psychological, or social work practitioners.)

EDUCATION

Our ministry team will provide emotional and mental wellness educational opportunities for the larger parish community on a regular basis.

WHY IS OUR PARISH INVOLVED IN A MENTAL HEALTH MINISTRY NETWORK?

By launching this ministry, we are joining several other parishes in the San Francisco Archdiocese which are part of a state-wide mental health ministry network. There is a high prevalence of mental illness in every faith community. One in five families has a member with a diagnosable mental illness. One in seventeen people live with a persistent or severe mental illness. Often individuals or families turn to their parish community for support and guidance.

To quote Archbishop Cordileone,

"All of our parishes have family members suffering from the challenge of mental illness, and despite modern understanding of mental illness, many suffer additionally from stigma. Christ calls us to attend to all those who suffer, including those suffering from mental illness. My brother bishops and I here in California have launched a mental illness awareness effort, calling attention to the fact that we are all called to provide hope and healing, and that we as a

Church must accompany our brothers and sisters in their difficulties. We can help to bear their burdens by offering our understanding, prayers, and tangible resources. No one should be isolated and left alone. We must meet people where they are - in our parishes.

The good news about mental illness is that recovery is possible. We know that Jesus' ministry was one of hope and of healing; His Church must also offer hope and healing, by using available resources to help those in need. Our parish-based Mental Health Ministry teams will play a key role in this important mission of easing the suffering of those in our parishes."

HOW DO I CONTACT THE MINISTRY?

If you or a loved one is experiencing mental or emotional wellness challenges, please contact our St. Raymond ministry at 650-899-0370—this is a dedicated line and only members of the ministry team will hear your message. You may also email the ministry team co-leads, Dr. Gabrielle Lou and Lori Mirek at emwm@straymondmp.org. You may also contact StarVista's 24/7 crisis hotline 650-579-0350 which offers a safe and anonymous place for people to explore feelings, concerns, vent frustrations, clarify problems, and get referrals.

[More in-depth versions of this information are available in a San Francisco Archdiocese flier and an excellent whitepaper from the California bishops. Please call the office at 650-323-1755 to receive a copy of the flier and the California bishops' full letter.]

ST. RAYMOND EMOTIONAL & MENTAL WELLNESS MINISTRY SURVEY

St. Raymond, in partnership with the Archdiocese, has formed a new Mental Health Ministry. Members of the ministry received training on how to prayerfully walk in companionship with others who are struggling. The Emotional Mental Wellness Ministry is conducting an anonymous survey to help us better understand the needs of our parish community. The survey will be available both online and as a paper copy. You need only to complete one. The paper copy of the survey is available at the tables near the church doors. A box for placing your completed survey will be on the table. Thank you very much for taking the time to complete this anonymous survey. Please use the following link to complete the online survey: <https://www.surveymonkey.com/r/5HL7GGK>.

The Giving Tree Returns

Participate in the St. Raymond 2021 Giving Tree, benefitting the St. Francis Center in Redwood City. Beginning November 27, you can take an ornament from the Giving Tree located inside the Church.



Further details of the program will be published in an upcoming bulletin and in a flyer located by the Giving Tree.

THE COMING OF OUR ALTAR SERVERS

Our first “Good News” column begins with our parish children. Have you noticed how many come to our Masses? And it isn’t just the donuts and popsicles! I’ve met some of them recently and they have some inspiring things to say about why they want to become altar servers.

Six weeks ago, Fr. John gave a wonderful homily at the start of this year’s Faith Formation for Children. He reminded all parents that they are the best teachers of our faith. They set the example for their children by their love for each other and for their neighbors, praying together at home, and attending Mass as a family. And here’s one more thing. Last Saturday morning, October 30th, I found Fr. Jerome, Fr. John, Br. David, and Lori Hofstrom preparing to start their latest altar server training inside the church. I had a few minutes to talk to a twelve-year-old girl, so I asked her why she was there.

“Well, it’s different when you’re sitting in the pew. It’s the same every time. The adults do so much. I wanted to do something too, plus, I get to learn more about the Mass.”

I shared her comment with Fr. Jerome and he replied, “Yes, there’s nothing like learning while doing.” For almost an hour, the children walked through their different roles and asked good questions about the altar, the prayer books, and the names of our holy vessels. It was a happy time for all.

Lori said about thirty children were trained over the summer. Currently all fourth graders in our school are in the learning process. You’ll begin to see them soon. They’ll be a little nervous, but they will serve with reverence and love and respect for our rituals and prayers. They’ll be participating, just like the adults they observe. They will be setting their own example for the smaller children watching closely. Good news all around!

If you are interested in assisting Pat in this exciting ministry or have a story idea for a future column, please reach out to Pat at goodnews@straymondmp.org.



GET PARISH NEWS VIA EMAIL

Sign up for our parish email newsletter at straymondmp.org/newsletter/.

LOW-GLUTEN HOSTS—Low-gluten hosts are available at each Mass. Father will announce which line has the low-gluten host.



MY GRACE IS SUFFICIENT FOR YOU, FOR POWER IS MADE PERFECT IN WEAKNESS

Prophets receive the word of God and He asks them to proclaim it to the rest of us.

That word of truth may confront and challenge individuals and nations to change their habits, comfortable ways of living, and their policies. As the first reading today warns, often these prophets and their messages are unwelcome and resented. Mark tells us that even Jesus was resented in His hometown.

Pope Francis is God's prophet proclaiming the dangers of climate change and pleading that we change our attitudes and practices so that God's creation can flourish. Many disregard, or are even hostile, to his message.

But the good news is that many people are truly listening to Pope Francis. It is exciting that it is our young people who are often leading the charge. It is also exciting that many Catholic communities are leading a change of heart and organizing action among people of faith, professing the responsibilities required of them by scriptures to care for creation. As Pope Francis and faith leaders closed the Season of Creation on the Feast Day of St. Francis of Assisi, October 4, they began the ecumenical season: united in their call for governments to set ambitious targets at the upcoming UN climate summit.

His Holiness and about 40 faith leaders signed a joint appeal at the Vatican that calls on governments to set climate targets and take "urgent, radical, and responsible action" with young people and the most vulnerable among us in mind. The joint appeal stated:

"Future generations will never forgive us if we miss the opportunity to protect our common home. We have inherited a garden; we must not leave a desert for our children. We plead with the international community gathered at COP26 to take speedy, responsible and shared action to safeguard, restore, and heal our wounded humanity and the home entrusted to our stewardship."

Speaking truth about difficult issues is scary, but we can rely on help from Father God because, as Paul reminds us, God says, "My grace is sufficient for you, for power is made perfect in weakness". We can trust God to help us.

Father God, help us to be your prophets in our own communities. Give us the grace and courage to proclaim the preciousness of your gift of creation and boldly profess the need to care for it. Help our world leaders gathered in

Scotland to be brave and committed to finding solutions to the harm we have done to Your Creation.



LAUDATO SI' WEEKLY ZOOM

Please join our Zoom meetings **each Thursday at noon** to pray, learn, socialize, and serve and care for creation together. To join the Zoom Meeting, click here: <http://bit.ly/LaudatoSiZoom>.

SUNDAY READINGS

November 7, 2021 (32nd Sunday in Ordinary Time)

Reading 1: 1 Kings 17:10-16

Resp. Psalm: Psalms 146:7-10

Reading 2: Hebrews 9:24-28

Gospel: Mark 12:38-44 or 12:41-44

bible.usccb.org/bible/readings/110721.cfm

November 14, 2021 (33rd Sunday in Ordinary Time)

Reading 1: Daniel 12:1-3

Resp. Psalm: Psalms 16:5, 8-11

Reading 2: 10:11-14, 18

Gospel: Mark 13:24-32

bible.usccb.org/bible/readings/111421.cfm

MINISTRY TO THE SICK Do you know of anyone who is homebound or ill? If so, we want to hear from you. Please contact the parish office at (650) 323-1755 and help us get in touch with those who need ministry.

IMAGE CREDITS:

COVER – *Saint Dymphna of Gheel*. Photo by Eri Fragiadaki, Byzantine icon hand painted with egg tempera. CC BY-NC 2.0. <https://flic.kr/p/t4m7gB>



ST. RAYMOND PARISH

Served by the Dominican Friars of the Province of the Most Holy Name of Jesus (Western Dominican Province) since 2013.

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PRAYERS FOR THE SICK As a parish community we pray for the sick among us, including: Balvina Gonzalez, Bernice Corcoran, BM, CM, Diane Mojtehed, Erik Olsen, Janice Hagy, Luis Mederos, Lynn Bacon, Modesta Cintron, MS, Nony & Penny Bantug, NM, Ricardo Paule, William Cintron, those afflicted with COVID, the homebound, and those who wish not to be named.



WELCOME TO OUR VISITORS If you are a visitor to St. Raymond Parish, we want you to know you are welcome here—whether you have come from another part of the country, from across the world, or another parish in the Archdiocese. Say hello to any of our parishioners! For information about our parish or to register, contact us at office@straymondmp.org or register online at www.straymondmp.org/register.

CELEBRATION OF THE SACRAMENTS

MASS SCHEDULE

Saturdays 5:00 pm Vigil (Church)
Sundays 8:00 am (Church), 10:00 am (Outdoors), 5:00 pm (Church)
Weekdays 8:15 am (Mon.-Sat. Church)
All Saints 8:15 am, 7:00 pm

RECONCILIATION

Saturdays 8:45-9:15 am & 3:30-4:30 pm,
Thursdays 7:00-8:00 pm, or by appointment.

ADORATION

Saturday 8:45-9:15 am & Thursday 7:00-8:00 pm

ANOINTING OF THE SICK

Please contact the parish office at 650-323-1755.

BAPTISMS, WEDDINGS, AND FUNERALS

Please contact the parish office at 650-323-1755 or email office@straymondmp.org.

VISION STATEMENT St. Raymond Parish is a family. As disciples of Jesus, we are “children of God” and “brothers and sisters in Christ.” Jesus himself says, “Whoever does the will of my Father in heaven is my brother, and sister, and mother” (Matthew 12:50). We welcome all to belong to our Catholic family and to inherit with us in Christ the mission to preach the Gospel as we pray-serve-socialize in His Name.

MISSION STATEMENT St. Raymond Parish is a community united by our Catholic Faith as disciples of Jesus Christ. We seek communion with God the Father, Son, and Holy Spirit through ongoing personal and communal conversion to Christ and a deeper commitment to the mission Jesus gives each of us to preach the Gospel. The sacred scriptures and sacraments of the Church sustain us. We dedicate ourselves to Truth and strive to grow in love of God and neighbor as we pray-serve-socialize together, and work by grace to build up in one another and share freely with others the abundance of magnificent gifts God has given.